



**មជ្ឈមណ្ឌលព្រះពុទ្ធសាសនាអប់រំយុវជន (មពអយ)**

**Youth Education Buddhist Center (YEBC)**

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## Dhammacarika Youth Camp Project

To facilitate for Cambodian youths to explore their inner potentiality in ethic awareness and social participation

*If you are planning for a day, plant rice*

*If you are planning for 20 years, plan trees*

*If you are planning for future generations, plant leaders.*

**Organizer:** Youth Education Buddhist Center (YEBC)

**Location:** Phnom Penh, Cambodia.

**1. Name of Project:** Dhammacarika Youth Camp Project or Youth Leadership Education

**2. Vision and Mission Statement:**

Major Cambodian peoples recognize themselves as Buddhists in which this faith has embraced their spirits, ways of living, culture and thought. Buddhism has played important roles in Cambodian society in the past, present and future. Through the profound teaching of moderation, middle path, self-reliance, mindfulness, ethic-based individuality, compassion, tolerance, non-violence and enlightenment have engaged Cambodian peoples with a standard of progressive spirituality.

Because of decades of civil war and social fragmentation, all social infrastructures have been weakened and many times split apart. Especially, Buddhism which is considered as the main institution and mould of Cambodian society has gradually been deteriorated. During Khmer Rouge regime, those extreme cadres started their expedition by destroying temples, sacred sites, burning scriptures, disrobing and murdering Bhikkhu monks. Definitely, they killed most of the educated figures. When most educated monks have been murdered and inhumanized, the chronic difficulty of national Buddhist education is clearly exhibited. Nowadays, we are lack of effective leaders, study texts and accurate curriculum, essentially, the tools for Bhikkhu monks who are going to take accountability of learning, teaching and spreading the concept of peace, reconciliation and sustainable development.

Seeing these deficits and disadvantages, we are the younger generations of Cambodia have initiated to establish Khmer Youth Education Buddhist Center to embark our journey specifically targeting young monks, students and children to provide them the opportunity to search their inner capacity, leadership, self-awareness and wisdom in order to engage and share with their neighbors and community in a larger scale.

**3. Objectives:**

Our important objectives are:

4. To provide opportunity to young monks, students and children to explore their inner

potential through meditation and interaction.

5. To enhance and develop their social leadership capacity.
6. To instruct them the awareness of learning sciences equipped with ethical responsibility.
7. To guide them in an appropriate way of transforming their disadvantaged habits and negative thought to become wholesome and positive.
8. To empower them to become good children, good students, good friends, good citizens and good Buddhists.
9. To facilitate for them in learning, practicing, caring and spreading Khmer culture and tradition.
10. To practice the Dhamma in order to pay gratitude to all elders, ancestors and heroes / heroines

**4. Project duration:** November 25, 2007-November 25, 2008.

**5. Target area and target group:**

- **47850 students in Phnom Penh, Cambodia**

- **High Schools are:**

**1-Sysovath High School, Phnom Penh, Cambodia.**

- 7500 students, 3000 female students

- From November 30, 2007 - December 20, 2007

**2-Toul Tom Pong High School, Phnom Penh, Cambodia.**

- 8063 students, 3698 female students

- From December 25, 2008 - January 15, 2008

**3-Son Thor Mok High School, Phnom Penh, Cambodia.**

- 10200 students, 4635 female students

- From January 20, 2008 - February 15, 2008

**4-Wat Phnom High School, Phnom Penh, Cambodia.**

- 4500 students, 1600 female students

- From February 20, 2008 - March 5, 2008

**5-Bak Touk High School, Phnom Penh, Cambodia.**

- 9500 students, 4800 female students

- From April 25, 2008 - May 20, 2008

**6-Beng Tra Bek High School, Phnom Penh, Cambodia.**

- 4170 students, 2300 female students

- From May 25, 2008-June 10, 2008

**7-Wat Koh High School, Phnom Penh, Cambodia**

- 4318 students, 1885 female students

- From November 10, 2008 - November 25, 2008

## 6. Administrators:

- Bhikkhu Vodano Sophan = Consultant of Project (MPS, BA of MCU)
- Bhikkhu Vath Vibol = Executive Director and President of Project (B,A of MCU)
- Bhikkhu Phan Jankarona = Vice-President of Project (B.A of BBU)
- Bhikkhu Thai Choub = Vice-President of Project (B.A )
- Bhikkhu Dy Thehoya = Director of Communication (B.A of MCU)
- Bhikkhu Hiar Kimsan = Secretary (B.A of MCU)

## 7. Curriculum and Teaching Process:

### a. Dhamma Comprehension Classes

- Dhamma for younger generation that constitutes of Morals, Meditation and Wisdom
- Background of Lord Buddha and Buddhism
- Ethics and Behaviors emphasizing on Five Precepts, Five Dhammas; and Five Good Qualities of People.
- Developing present life through three aspects Lord Buddha: birth, awakening or enlightenment and passing away.
- Dhamma teaching in English language.

### b. Practice Classes

- Chanting Dhamma mantras and undertaking five precepts
- Training to act appropriately, prostrating methods, and developing polite physical positions.
- Practicing sitting meditation, walking meditation and expressing loving-kindness as well as compassion.
- Question, answers and short skits

### 3. Social participation

- Public speech training, effective speech, teamwork and group solution
- Innovative thought to solve social problems and conflict solution
- Exchanging and interacting with instructors and participants
- Orienting them to be aware of cultural, social and natural environment

### c. Special closing

- Reminding them to the virtues of Triple Gem and Parents

## 8. Estimate Budget:

Estimated budget for 7 Projects in one year-period is \$ 17750 and each project will be unequally paid.

**9. Budget Expected from:** NGOs, local community and international donors

## 10. Expected results:

- All participants can have self-discipline and self-reliance

- All participants can be aware of doing good deeds, avoiding all evil deeds and purifying their mind.
- All participants can develop themselves to become a good child, good student, good friend, good citizen and good Buddhist.
- All participants can enhance and empower their capacity of social leadership
- All participants can learn to develop tolerance, compassion, generosity and non-violence
- All participants can share and exchange their visions and critical issue to better their community
- All participants can get involved more and more in protecting environments
- All participants can contribute their experiences to achieve sustainable development.

## 11. Responsible persons and Contacts:

### **BANK ACCOUNT TRANSFER**

**Name:** Youth Education Buddhist Center

**NO:** Branch: ACLEDA Bank Plc.

#28, Mao Tse Tung Blvd., Songkat Beung Trabek, Khan Chamcarmon, Phnom Penh, Cambodia

**Swift Code:** ACLBKHPP

**Phone:** 855-23-994-444

**Email:** inquiry [@] acledabank.com.kh

1/. **Bhikkhu Vath Vibol, Executive Director**, Tel: (855)12 31 29 08  
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E- mail: [kyso2005@yahoo.com](mailto:kyso2005@yahoo.com), [vibol@cambodianyouth.org](mailto:vibol@cambodianyouth.org)

2/. Bhikkhu Phan Jankarana	Tel: (855)12 68 59 99
3/. Bhikkhu Maha Thai Choub	Tel: (855)12 83 15 02
4/. Bhikkhu Dy Thehoya	Tel: (855)12 21 01 71
5/. Bhikkhu Hea Kimsan, Secretary.	Tel: (855)12 96 44 44
6/. Bhikkhu Maha Douk dom	Tel: (855)12 91 37 24

## Consultants:

**-Preah Bhikkhu Seng Sophan**, Tel:1 (403) 23 55 415

Email: [sophan@cambodianyouth.org](mailto:sophan@cambodianyouth.org)

**-Dr.Pak Thavin , General Director of Higher Education**

80 Boulevard Preah Norodom, Phnom Penh, Cambodia.

Tel : (855)-16 345 923 (855)-23 42 87 61, Email: [thavinpak@yahoo.com](mailto:thavinpak@yahoo.com)

## 12. Audition:

Youth Education Buddhist Center will be responsible for reporting to donors, and stakeholders.

## 13. Attached with Budget planning

**1. Sysovath High School, Phnom Penh, Cambodia.****- 7500 students, 3000 are female students****- From November 30, 2007 - December 20, 2007****Expenditure Budget Sheet****US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×20	\$ 200
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×7500	\$ 900
5	Training Moral Papers		\$ 0.15×7500	\$ 1125
6	Certificates		\$ 0.35×7500	\$ 2625
7	Instructors	Day	\$ 3×13×20	\$ 780
8	Drinking Water	Day	\$ 12×20	\$ 240
9	Food for instructors	Day	\$ 13×20	\$ 260
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×20	\$ 700
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub- Total</b>			<b>\$ 7253</b>

**2. Toul Tom Pong High School, Phnom Penh, Cambodia.****- 8063 students, 3698 are female students****- From December 25, 2008 - January 15, 2008****Expenditure Budget Sheet****US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×20	\$ 200
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×8063	\$ 967.56
5	Training Moral Papers		\$ 0.15×8063	\$ 1209.45
6	Certificates		\$ 0.35×8063	\$ 2828.05
7	Instructors	Day	\$ 3×13×20	\$ 780
8	Drinking Water	Day	\$ 12×20	\$ 240
9	Food for instructors	Day	\$ 13×20	\$ 260
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×20	\$ 700
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub-Total</b>			\$ 7698.06

**3. Son Thor Mok High School, Phnom Penh, Cambodia.****-10200 students, 4635 are female students****- From January 20, 2008-February 15, 2008****Expenditure Budget Sheet****US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×25	\$ 250
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×10200	\$ 1224
5	Training Moral Papers		\$ 0.15×10200	\$ 1530
6	Certificates		\$ 0.35×10200	\$ 3570
7	Instructors	Day	\$ 3×13×25	\$ 975
8	Drinking Water	Day	\$ 12×25	\$ 300
9	Food for instructors	Day	\$ 13×25	\$ 325
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×25	\$ 875
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub- Total</b>			\$ 9562

**4. Wat Phnom High School, Phnom Penh, Cambodia.****-4500 students, 1600 are female students****- From February 20, 2008 - March 5, 2008****Expenditure Budget Sheet****US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×15	\$ 150
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×4500	\$ 540
5	Training Moral Papers		\$ 0.15×4500	\$ 675
6	Certificates		\$ 0.35×4500	\$ 1575
7	Instructors	Day	\$ 3×13×15	\$ 585
8	Drinking Water	Day	\$ 12×15	\$ 180
9	Food for instructors	Day	\$ 13×15	\$ 195
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×15	\$ 525
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub-Total</b>			<b>\$ 4938</b>

**5. Bak Touk High School, Phnom Penh, Cambodia.****-9500 students, 4800 are female students****- From April 25, 2008 - May 20, 2008****Expenditure Budget Sheet****US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×25	\$ 250
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×9500	\$ 1140
5	Training Moral Papers		\$ 0.15×9500	\$ 1425
6	Certificates		\$ 0.35×9500	\$ 3325
7	Instructors	Day	\$ 3×13×25	\$ 975
8	Drinking Water	Day	\$ 12×25	\$ 300
9	Food for instructors	Day	\$ 13×25	\$ 325
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×25	\$ 875
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub-Total</b>			\$ 9128

**6. Beng Tra Bek High School, Phnom Penh, Cambodia.****-4170 students, 2300 are female students****- From May 25, 2008-June 10, 2008****Expenditure Budget Sheet****US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×15	\$ 150
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×4170	\$ 500.4
5	Training Moral Papers		\$ 0.15×4170	\$ 625.5
6	Certificates		\$ 0.35×4170	\$ 1459.5
7	Instructors	Day	\$ 3×13×15	\$ 585
8	Drinking Water	Day	\$ 12×15	\$ 180
9	Food for instructors	Day	\$ 13×15	\$ 195
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×15	\$ 525
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub-Total</b>			\$ 4833.4

**7. Wat Koh High School, Phnom Penh, Cambodia**  
**-4318 students, 1885 are female students**  
**-From November 10, 2008 - November 25, 2008**  
**Expenditure Budget Sheet**

**US Dollar Currency**

<b>No:</b>	<b>Description</b>	<b>Unit</b>	<b>Detail Budget Expenditure</b>	<b>Budget</b>
1	Communication		\$ 100	\$ 100
2	Transportation	Day	\$ 10×15	\$ 150
3	Photos and Video designing		\$ 100	\$ 100
4	Books× Pens		\$ 0.12×4318	\$ 518.16
5	Training Moral Papers		\$ 0.15×4318	\$ 647.7
6	Certificates		\$ 0.35×4318	\$ 1511.3
7	Instructors	Day	\$ 3×13×15	\$ 585
8	Drinking Water	Day	\$ 12×15	\$ 180
9	Food for instructors	Day	\$ 13×15	\$ 195
10	Textbooks for teachers	Day	\$ 1×13	\$ 13
11	Medicine		\$ 50	\$ 50
12	Rental place and microphone	Day	\$ 35×15	\$ 525
13	Newspapers, Radio and TV		\$ 100	\$ 100
14	Others		\$ 150	\$ 150
15	<b>Sub-Total</b>			\$ 4925.16

**Grand Total all in all: \$48337.62**